

# **TILAK MAHARASHTRA VIDYAPEETH**

## **INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE.**

---

**NAME OF THE EVENT- Value added training program**

**ORGANIZER-** institute of Nursing Education and Research, TMV

**PARTICIPANTS-** Students of Hotel Management, Law. Physiotherapy

**ORGANIZERS-** Dr. Perpetua Fernandes, Mrs. Radha Shinde and Mr. Vaibhav Kamble.

**DATE AND TIME:** 3<sup>rd</sup> February 10am

**VENUE-** TMV', Auditorium 7<sup>th</sup> Floor C wing.

**TOPIC ADDRESSED-** ' First Aid and Emergency Management.

Under the guidance of Dr. Geetali Tilak, Vice-Chancellor, Tilak Maharashtra Vidyapeeth and Dr. Madhuri Shelke, Principal INER, TMV, a training session on the topic First Aid for the students of all the other faculty was organised on 3<sup>rd</sup> February 2023.

The speakers for the training session were Dr. Perpetua Fernandes, Mrs. Radha Shinde and Mr. Vaibhav Kamble. The session started with activity and introduction of students. From various departments 200 students attended the session.

The basics were taken by Ms. Radha Shinde (Clinical instructor) wherein concepts of first aid and first aider, principles and golden rules of first aid were taken. Madam also explained about bandages and types of bandages.

Dr. Perpetua Fernandes (Prof cum Vice-Principal) continued the second session which dealt with dealing of Medical emergencies like, cuts, wounds, shock burns, choking. In the heart attack session detailed explanations of various kinds of chest pains were given. CPR was dealt when there is no pulse and no breathing seen in victim. Practical and use of resources for transportation methods and how to transport the victim from the scenario to other safer place were also explained. In the session itself the participants were made to palpate their own pulse and calculate it. Recapitulating questions were asked at the end of the session.

The third session was delivered by Mr. Vaibhav Kamble (Clinical Instructor) in this session trauma; triage and log roll method was explained to the students.

The sessions were followed by practical demonstrations in the FON lab and Skill Lab of Nursing dept. The students were divided in groups. Ms. Sunita Navghane (Clinical

Instructor) demonstrated various types of bandaging and explained how to prepare a First aid box for home purpose. Mr. Vaibhav Kamble demonstrated the Basic life support techniques and the CPR on the mannequin.

At the end of the session feedback was taken from various students wherein they expressed the session as informative and useful for their day to day life and the session ended by thanking and appreciating the presence of students.



